



LIABILITY WAIVER

I confirm and agree that the following terms and conditions apply to the yoga exercise and training to be provided to me by Heart of India, also represented as Indian Classic Yoga or Centre Lothlorien, The Yoga Institute France and instructors or teachers associated with Heart of India.

1. I will faithfully follow all instructions given to me by Heart of India's instructors and teachers as to when, where, and how to perform and not to perform the Yoga Exercises.
2. I agree and acknowledge that participation in any Yoga Exercises could constitute a risk of serious injury to me, including permanent paralysis or death. I voluntarily and knowingly recognize, accept and assume this risk and warrant that I am physically fit and able to perform the Yoga Exercises without risking serious injury, including permanent paralysis or death. I acknowledge that neither Heart of India and Heart of India's Associated instructors, teachers, staff, employees or volunteers shall be nor deemed to be responsible or liable (whether in contract or in tort or under any statute whatsoever), for any injury, illness or other mishap I sustain from arising from or out of, or in any way directly or indirectly connected with the Yoga Exercises.
3. I understand and agree that I am to receive instruction in Yoga Exercises and theory only. Heart of India and Heart of India's associated instructors, teachers, staff, employees or volunteers are not liable for, nor expected to provide any advice, training or medical assistance other than in the form of Yoga Exercises.
4. I indemnify and will at all times hereafter well and sufficiently indemnify and keep fully indemnified Heart of India and Heart of India's associated instructors, teachers, staff, employees or volunteers from and against all actions, suits, causes of action, proceedings, claims, costs and expenses whatsoever which may be taken or made against Heart of India and Heart of India's associated instructors, teachers, staff, employees or volunteers or incurred or become payable by Heart of India and Heart of India's associated instructors, teachers, staff, employees or volunteers in connection with or arising out of any such damages, injury, illness or mishap to me.

I have read and agree to this liability waiver.

Name:

Date:

Signature: